

## POINTERS FOR EXAMPLE 4

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### Pre-recorded video interview (Tony)



This document is intended for the educator to supplement the video clip as an example of OPTEACHING.

The below are some pointers on how to make the most of Learning Opportunities presented by this example of an individual pre-recorded interview.

### Questions to guide the learners' thinking

The focus of the interview with Tony was to discover his ideas about healthy ageing. As he is in his 80s, continues to be engaged with live theatre, participates in teaching at Charles Sturt University, is actively engaged with his family and loves music, he embodies 'active ageing'.

Points for discussion:

- The individual nature of ageing;
- The importance of community and being connected;
- Does Tony challenge the stereotype of a man in his 80s?
- What is the outcome of stereotyping people of any age?
- What does Tony consider to be important for healthy ageing?
- What theories of ageing are relevant to Tony?